

Anindita Bose

## **A Tranquil Mind**

What will you do with tomorrow and day-after,

if you have peace tonight?

What will you do with banks and cards,

if you have peace tonight?

What will you do with those people in your life:  
now and those gone by,

if you have peace tonight?

What will you do with mirrors and thoughts of  
evolution

if you have peace tonight?

You wonder and look astound...

Don't you know that this peace has come tonight  
since you have renounced the voice in your mind  
and created this moment of serene ecstasy?

## **Life = Senses = Zero**

Some broken barricades are  
left behind and walks away  
a greyish shadow of me

you are not far behind...

I transformed into a blind  
barren monument of birth  
and growth

the creator has no idea of

what was born years back.

You stand in a corner and  
struggle to explain in words -  
our connection,

I know it all yet move on,  
to reach contra-consciousness  
in dispassionate gestures.

Life is a zero in moments  
when emotions drop in the  
six senses

and you still wait for a sign...

I leave behind the shells once  
collected from a shore, long  
back on a cloudy day

they remain scattered on my  
floor for days, waiting for  
your warmth and trust.

You never reach out or perhaps  
fail to reach out; I break into  
thousand pieces and fade away...

## **Life Within**

there is nothing here that you  
have felt and I have not experienced

sometimes we are just mirrors  
my friend

you stand and I stand, between  
us a shade of glass

like opposites and opponents we  
inhale our stories

but within our hearts, we know  
how much we can show to each other

so let us walk together at times  
to see beyond the broken pieces of

truths

we may not understand the individual  
dreams but we shall feel the life within

## **Only a Meet**

so when can we meet  
since time flies by and  
we shall not find another  
boat soon enough

can we dream now and  
not tomorrow because  
shades of life colour the  
roads and we still fight  
for a rose, a lily or a wild  
daisy

come let us drive our  
souls to break the cages  
made by mortal shadows

and reach the mountains,  
sail the rivers, delve deep  
into the seas...

but you know that time  
flies by and knocks us  
down

so when can we meet  
and when can we begin?

## **About the Poet**

Born and brought up in Kolkata, Anindita Bose is inspired by the zeal of her city of joy. She has an interest in psychology which she believes has connected her closely to universal ideas and human emotions. She believes words have immense possibilities to create life out of nothing.

“Let’s decode the labyrinth of life” is what she thinks when words form stories in her conscious and subconscious minds. Her poems and short stories got published in various National and International - Online and Offline Magazines and Anthologies. To mention some: The Pangolin Review, The Kolkata Review, Tuck Magazine, Learning and Creativity, Poem Hunter, Ethos Literary Journal (ELJ).

Her first book is '*The Virtual Reality*' [Sparrow-Delhi, 2016], which she has co-written with seven other poets from all over India. Her Solo Poetry book is '*I Know the Truth of a Broken Mirror*' [Writers Workshop, 2018].

She is a working professional, currently a high school English teacher in Blue Mountains School, Ooty; and when not writing she is actively involved in activities of a poetry group in Kolkata named '*Rhythm Divine Poets*' of which she is a co-founder. She is a coordinator for the Chair Poetry Evenings, Kolkata 2018 [an international poetry festival first time in India]. She is a freelance editor of Virasat Art Publication and co-edited the short stories book *Dynami Zois* [Life Force] in 2017. Along with a group of friends she volunteers to support various humanitarian causes in Kolkata. Apart from poetry she is involved in story-telling, translation, painting, photography, script-writing, and travelling.