

## BOOK REVIEW

---

### **WHEN NATURE BREATH METAPHORS, A CONSCIOUS SPIRITUALITY BORN**

Sonali Chanda

---

In the Preface, Poet Robert Wood clearly connected with the readers and with his warm-hearted approach, he urged a connection with the readers not to read his poems simply, but rather to rejuvenate, refresh, and heal, by delving deep into each section and to get enlightened.

I hardly roam or live in the city lights, since my childhood, I'm purely born to dwell in the woods, and hills and accustomed to the hills' atmosphere, looking at its diaphragm's ups and downs, roaming around the water bodies and simply chose to become a nomad; you may tell me a perfectly imperfect, you may even tell me a lunatic, who feels the cuts and wounds of little ferns to giant trees, little to big animals, domestic to wild.

*A Guide to Field and Wood* by Robert Wood attracted the attention of this nomadic weird imperfect person by its deep perspective on nature and related with nature, our most sensitive feelings like loveliness, spirituality, understanding, compassion, love, solitude identification of our own self, even some specific very rare products and living things like oysters, honey and so many... more I'd mention, less it'd be!

One might not at all get interested about these very specific aspects of life, to choose a better or well living; it's completely his/her choice to read some novels, poetry books, related to cityscape or humdrum of chaotic gatherings, enjoyments of social urban life- I'd not throw any light to impress readers to read this book, as this very special book is not like other magnanimous books you could easily find in online platforms or some book stores. This book demands a corner of spiritual harmony, with the whole world and the heart of the readers who still are in search of Spiritual: I must thank Red River to dig out such a poet and the most insightful creation in the form of poetry (but the style of his writing seems much to prose).

Take a walk simply in the woods, but first pour out everything, each memory, each emotion from your mind and brain; try to listen to the sounds rather than songs of the woods; believe me, I do each day, each morning when the first ray is still to peep at your window. Living and walking in the forests, listening to their songs, conversations, and rather hushing sounds may leave you feeling me a complete nomad; just take this book in your hands, I swear you'll no more be in illusion about this thought about me- rather you'll discover a unique world of Woods, where Wood used such brilliant metaphors to connect, reconnect with the human being's different shades of emotions.

Let me quote some lines to clear my views:

Wood writes somewhere:

"Drown me in orange blossom water| drown your sorrows in me| my love"

In another page, somewhere he writes:

"And the birds | minor or major | came in waves | flocks filling the sky | migrating  
and stopping to eat | beak worms | bees nearby | leave"

One may read his exotic poems in the form of prose, and one may have the choice to read them as they're, but to dive deep into the spirituality, one should read quite a several times.

I'm not a fan of Robert Wood, and neither would like to be a spoiler for this book, what struck me in his poems was that one would be in the woods as well as would be uplifted like floating like light feathers in the blue-grey clouds while reading his deep perspective towards spirituality, nature, woods, different human emotions and much more. It's a book not for mere reading, but rather to realise, to feel, to breathe, read and re-read; one who'd start reading his poems, would get attached to each of his way of thinking, his spiritual aspects and a deep-rooted connection with Nature.

Red River did such a magnificent job by presenting such hidden gems in the frontline, we the lovers of good poetry are so thankful for this outstanding publishing House and Dibyajyoti Sarma.

*A Guide to Field and Wood*

By Robert Wood

Price 300 INR

ISBN- 978- 81- 950900-2-0

Book Edited and designed by Dibyajyoti Sarma

Cover Art by Murali Sivaramakrishnan

Publisher- RED RIVER

## About the Reviewer

Indian writer and poet, born in Suburban Kolkata, Sonali Chanda completed her Post Graduation from Burdwan University in English Literature and Language, with her Special Paper on Figure Of Speech. Completing her Post Graduation, She pursued her Degree Course in Wild and Landscape Photography from Delhi School of Photography Institute.

Her poems depict her valiant pen, with emotional backdrop , one after another her powerful pen established several poems in different magazines, website and web magazines like Spillwords, Different Truths ,Fasihimagazine, etc. Her Debut Travelogue LADAKH showcased vivid images and descriptions of the Forbidden land of Passes, LADAKH. Her NOVELLA "Love's FAINT Echoes published this year in the month of October which received eye catching reviews.